



# SPARK JOY

L O N D O N

## ~ Home Sustainability Checklist ~

### Bathroom

- Bamboo toothbrush
- Bamboo dental floss
- Soap bar for hands
- Body wash bar
- Facial cleansing soap bar
- Shampoo & conditioner bar
- Eco friendly deodorant (salt stick)
- Flannels for makeup removal
- Washable cloth makeup pads (Cheeky Wipes)
- Plastic free reusable razor with recyclable blades
- Organic shaving soap bar
- Organic tampons
- Reusable sanitary towels or mooncup or period pants
- Bamboo toilet paper
- Reusable nappies
- Reusable wipes (Cheeky Wipes)

### Kitchen

- Reusable coffee cup (Keep Cup)
- Reusable coffee capsules
- Reusable water bottle (Chillies)
- Silicone bags for food storage
- Silicone stretch lids
- Linen bowl covers
- Linen bread bag
- Bamboo utensils
- Reusable snackware (Stashers)
- Reusable lunchbox
- Reusable sandwich wrap (Boc'n'Roll)
- Reusable cutlery
- Reusable straws (stainless steel or bamboo)
- Beeswax Wraps
- Organic cotton vegan wax wraps
- Vegan wax wrap refresher block
- Compostable food bags
- Reusable paper towels (Vera Bee)
- Reusable bamboo face wipes

### Cleaning

- Home compostable sponge
- Home compostable sponge cleaning cloths
- Home compostable, washable dish cloth
- Coconut fibre scourer
- Loofah sponge
- Eco-friendly washing up liquid & refills (Ecover)
- Dish soap
- Home compostable, bamboo dish brush (replaceable head)
- Home compostable bamboo pot brush
- Biodegradable bin liners
- Stainless steel washing up bowl
- Make your own cleaning products

### Laundry

- Bamboo clothes pegs
- Natural laundry powder
- Natural stain removal bar
- Organic soapnut shells

### Shopping

- Sustainable veg box delivery scheme (Riverford Farms)
- Milk delivered in glass bottles (Milk & More)
- Shop locally and visit farmers' markets
- Loose leaf tea
- Ground coffee (Percol uses home compostable packaging)
- Reusable containers & canisters (ready for refill station)
- Buy food in glass jars where appropriate
- Organic cotton mesh produce bag
- Reusable cotton shopping bag

### Recycling

- Food waste bin
- Recycle plastic packaging at supermarket (look for logo)
- Recycle plastic packaging at local Terracycle drop-off centre
- Understand local recycling rules
- Invest in a Terracycle box to recycle all other plastic waste

### Stationery

- Eco friendly pencils
- Eco paper packing tape
- Natural grass pen
- Natural rubber eraser
- Brass or metal pencil sharpener
- Eco wrapping paper
- Recycled cotton twine
- Twool – twine for gardening/crafts

### Other Areas

#### Children:

- Repurpose cardboard boxes for craft activities
- Invest in wooden toys
- Birthday & Christmas: Experiences over plastic toys!
- Plastic free gardening pots - natural coir or terracotta

### Life Changes

- Take your shampoo and conditioner bars to your hairdresser
  - Eat less meat and fish (less plastic packaging)
  - Go Vegetarian or Vegan
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